

# Title IX Student Guide for Pregnancy and Related Conditions

## What to know:

- The university provides appropriate accommodations for students who are pregnant, are recovering from pregnancy and/or conditions related to pregnancy.
- The Title IX Education Amendments of 1972 (Title IX) is a federal civil rights law that prohibits discrimination on the basis of sex – including pregnancy and parental status – in education programs and activities.
- Title IX specifically prohibits discrimination against a student based on pregnancy, childbirth, false pregnancy, termination of pregnancy, or recovery from any of these conditions.

## What to expect:

- Stay in school, attend regular classes, and participate in extracurricular activities.
- Create a plan to progress towards your degree after your medically necessary leave due to pregnancy or related conditions.
- Access services similar to those provided to other students who have temporary medical conditions.
- Maintain your eligibility to participate in academic and extracurricular programs and activities.



The University of Alabama at Birmingham

# Accommodations and Resources

## What to do:

- Register online with the Title IX Office at [www.uab.edu/titleix/pregnancy-parenting](http://www.uab.edu/titleix/pregnancy-parenting), or contact us at 205-996-1340 or [TitleIXOffice@uab.edu](mailto:TitleIXOffice@uab.edu).
- Submit medical documentation from your treating physician and include physician name, practice/group, and contact information.
- Schedule an intake appointment with the Title IX Office to develop an accommodation plan around your pregnancy or related conditions.

## Accommodations you can request:

- Access to counseling services, both on and off campus
- Academic support services, such as tutoring
- Assistance with obtaining excused absences
- Assistance with notifying professors of your upcoming absence
- Rescheduling of exams and assignments
- Change in class schedule, work schedule or job assignment
- Access to a larger desk
- Access to lactation rooms
- Any other measures that are reasonable and responsive to the student's temporary pregnancy status

For more information on Lactation Room locations, visit [uab.edu/dei/women/resources/lactation-resources](http://uab.edu/dei/women/resources/lactation-resources).

## Resources:

### Title IX Office

Hill Student Center, Ste. 405  
205-996-1340 • [uab.edu/titleix](http://uab.edu/titleix)

### Student Assistance & Support

Hill Student Center, Ste. 303  
205-975-9509 • [uab.edu/students/outreach](http://uab.edu/students/outreach)

### Off-Campus Student & Family Engagement

Hill Student Center, Ste. 140  
205-996-1580 • [uab.edu/students/offcampus](http://uab.edu/students/offcampus)

### UAB Student Health and Wellness\*

Learning Resource Center • 1719 9th Ave S.  
205-934-3580 • [uab.edu/students/health](http://uab.edu/students/health)

### UAB Student Counseling Services\*

Learning Resource Center, Ste. 380 • 1719 9th Ave S.  
205-934-5816 • [uab.edu/students/counseling](http://uab.edu/students/counseling)

### UAB Hospital

1802 6th Ave. South • 205-934-4011 • [uabmedicine.org](http://uabmedicine.org)

\* confidential